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### Dissipative macroscopic quantum tunneling in type-I superconductors

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**Dissipative macroscopic quantum tunneling in type-I superconductors**R. Zarzuela,<sup>1</sup> E. M. Chudnovsky,<sup>1,2</sup> and J. Tejada<sup>1</sup><sup>1</sup>*Departament de Física Fonamental, Facultat de Física, Universitat de Barcelona, Avinguda Diagonal 645, 08028 Barcelona, Spain*<sup>2</sup>*Physics Department, Lehman College, The City University of New York, 250 Bedford Park Boulevard West, Bronx, New York 10468-1589, USA*

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We study macroscopic quantum tunneling of interfaces separating normal and superconducting regions in type-I superconductors. A mathematical model is developed that describes dissipative quantum escape of a two-dimensional manifold from a planar potential well. It corresponds to, e.g., a current-driven quantum depinning of the interface from a grain boundary or from an artificially manufactured pinning layer. Effective action is derived and instantons of the equations of motion are investigated. The crossover between thermal activation and quantum tunneling is studied and the crossover temperature is computed. Our results, together with recent observation of nonthermal low-temperature magnetic relaxation in lead, suggest the possibility of a controlled measurement of quantum depinning of the interface in a type-I superconductor.

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**I. INTRODUCTION**

Macroscopic quantum tunneling refers to the situation when an object consisting of many degrees of freedom, coupled to a dissipative environment, escapes from a metastable well via underbarrier quantum tunneling.<sup>1</sup> In condensed matter this phenomenon was first observed through measurements of tunneling of the macroscopic magnetic flux created by a superconducting current in a circuit interrupted by a Josephson junction.<sup>2</sup> Another example is tunneling of magnetization in solids.<sup>3</sup> In cases of the magnetic flux or the magnetic moment of a nanoparticle, the tunneling object is described by one or two macroscopic coordinates that depend on time, like in a problem of a tunneling particle in quantum mechanics. The environment enters the problem through interaction of these macroscopic coordinates with microscopic excitations of the medium. Equally interesting, but significantly more involved, is the problem of tunneling of a macroscopic field between two distinct configurations. Most common examples are tunneling of vortex lines in type-II superconductors<sup>4–6</sup> and tunneling of domain walls in magnets.<sup>7–9</sup> The essential difference between the last two examples is that tunneling of vortex lines is determined by their predominantly dissipative dynamics,<sup>10–14</sup> while tunneling of the spin field is affected by dissipation to a much lesser degree. Recently, a conceptually similar problem of the escape of a fractional vortex from the long Josephson junction has been studied.<sup>15,16</sup> Theory that describes quantum tunneling of extended condensed-matter objects involves space-time instantons that are similar to the instantons studied in relativistic field models. Examples that are available for experimental studies are limited. Consequently, any new example of tunneling of an extended object must be of significant interest.

Recent measurements of low-temperature magnetic relaxation of lead<sup>17</sup> have elucidated the possibility of macroscopic quantum tunneling in type-I superconductors. Such superconductors (with lead being a prototypical system), unlike type-II superconductors, do not develop vortex lines when placed in the magnetic field. Instead, they exhibit an intermediate state in which the sample splits into normal and superconducting regions separated by planar interfaces of positive energy.<sup>18–20</sup>

Equilibrium states and dynamics of interfaces have been well studied by now.<sup>21–26</sup> In all these studies the interface was treated as a classical object. Recently, however, it was noticed<sup>17</sup> that slow temporal evolution of magnetization in a superconducting Pb sample was independent of temperature below a few K. This observation pointed toward the possibility of quantum tunneling of interfaces in the potential landscape determined by pinning. In general the pinning potential would be due to random distribution of pinning centers or due to properties of the sample surface. In a polycrystalline sample it may also be due to extended pinning of interfaces by grain boundaries.

Modern atomic deposition techniques permit the preparation of a pinning layer with controlled properties. This inspired us to study a well defined problem in which the interface separating normal and superconducting regions is pinned by a planar defect. The corresponding pinning barrier can be controlled by a superconducting current that exerts a force on the interface. At low temperature the depinning of the interface would occur through quantum nucleation of a critical bump, shown in Fig. 1. Somewhat similar problems in 1 + 1 dimensions have been studied for a flux line pinned by the interlayer atomic potential in a layered superconductor,<sup>11</sup> for a flux line pinned by a columnar defect,<sup>27</sup> and for fractional vortices in long Josephson junctions.<sup>15</sup> However, the two-dimensional nature of the interface, as compared to a one-dimensional flux line, makes the interface problem more challenging. Note that tunneling of two-dimensional objects has been studied theoretically in application to nonthermal dynamics of planar domain walls<sup>7</sup> and quantum nucleation of magnetic bubbles.<sup>28</sup> These studies employed nondissipative dynamics of the magnetization field because corrections coming from dissipation are not dominant for spin systems. On the contrary, the Euclidean dynamics of the interface in a type-I superconductor is entirely dissipative, described by integrodifferential equations in 2 + 1 dimensions. As far as we know this problem has not been studied before.

The paper is structured as follows. The theoretical model is formulated in Sec. II. Properties of the pinning potential and the effective action in the vicinity of the critical depinning

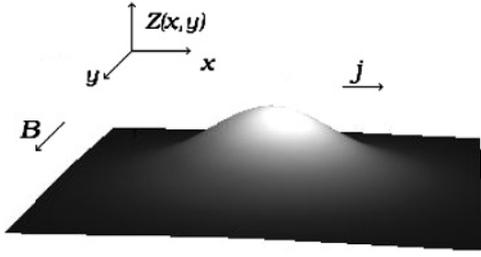


FIG. 1. Interface between normal and superconducting regions in a type-I superconductor, pinned by a planar defect in the  $XY$  plane. Transport current parallel to the interface controls the energy barrier. Depinning of the interface occurs through quantum nucleation of a critical bump described by the instanton of the equations of motion in  $2 + 1$  dimensions.

current are analyzed in Sec. III. Instantons of the dissipative model in  $2 + 1$  dimensions are investigated in Sec. IV. Crossover from quantum tunneling to thermal activation is studied in Sec. V. Sections VI and VII contain estimates of the effect and final conclusions.

## II. MODEL

We describe the interface by a smooth function  $Z(x, y)$ ; see Fig. 1. Dimensionless Euclidean effective action associated with the interface is

$$S_{\text{eff}} = \frac{\sigma}{\hbar} \oint d\tau \int dx dy [1 + (\nabla Z)^2]^{1/2} + \frac{1}{\hbar} \oint d\tau \int dx dy V[x, y, Z(x, y, \tau)] + \frac{\eta}{4\pi\hbar} \oint d\tau \times \int_{\mathbf{R}} d\tau' \int dx dy \frac{[Z(x, y, \tau) - Z(x, y, \tau')]^2}{(\tau - \tau')^2}, \quad (1)$$

where  $\tau$  is the imaginary time,  $\sigma$  is the surface energy density of the interface,  $\eta$  is a drag coefficient, given respectively by<sup>17,29</sup>

$$\sigma = \frac{B_c^2 \xi}{3\sqrt{2}\pi}, \quad \eta = \frac{B_c^2 \sqrt{\lambda_L \xi}}{2\rho_n c^2}, \quad (2)$$

with  $B_c$  being the thermodynamic critical field,  $\xi$  being the superconducting coherence length,  $\lambda_L$  being the London length, and  $\rho_n$  being the normal-state resistivity. The first term in Eq. (1) is due to the elastic energy of the interface associated with its total area, the second term is due to the space-dependent potential energy,  $V[x, y, Z(x, y, \tau)]$ , of the interface inside the imperfect crystal, and the third term is due to dissipation.<sup>1</sup> The same as for the flux lines, we neglect the inertial mass of the interface. Its dynamics in a type-I superconductor is dominated by friction.

We consider the pinning of the interface by a planar defect located in the  $XY$  plane and choose the pinning potential in the form

$$V_p = p\sigma \int dx dy \left( \frac{1}{2} \frac{Z^2}{a^2} - \frac{1}{4} \frac{Z^4}{a^4} \right) \quad (3)$$

that is symmetric with respect to the sign of the local displacement  $Z$ . (As we shall see below, in the presence of the transport current the effective potential becomes cubic on

$Z$  in the most interesting case when the current is close to the depinning threshold.) Here  $2a$  is roughly the width of the well that traps the interface and  $p \lesssim 1$  is a dimensionless constant describing the strength of the pinning. The interface separates the normal state at  $Z < 0$  from a superconducting state at  $Z > 0$ . Superconducting current parallel to the planar defect (and to the interface pinned by the defect) exerts a Lorentz force on the interface similar to the force acting on a vortex line in a type-II superconductor. We shall assume that the magnetic field is applied in the  $\hat{y}$  direction and that the transport current of density  $j$  flows in the  $\hat{x}$  direction. The driving force experienced by the  $dx dy$  element of the interface in the  $\hat{z}$  direction is given by

$$\frac{d^2 F_z}{dx dy} = \frac{1}{c} \int dz j B(z). \quad (4)$$

Here  $B(z) = B_c \exp(-z/\delta)$  is the magnetic field inside the interface with  $\delta = \sqrt{\xi \lambda_L}$ . Integration then gives  $d^2 F_z/(dx dy) = B_c \delta j/c$ . The corresponding contribution to the potential can be obtained by writing  $F_z$  as  $-\nabla_z V_L$ , yielding

$$\frac{d^2 V_L(Z)}{dx dy} = -\frac{B_c \delta}{c} j Z. \quad (5)$$

The total potential,  $V(Z) = V_p(Z) + V_L(Z)$ , is

$$V(Z) = p\sigma \int dx dy \left( -\bar{j} \tilde{Z} + \frac{\tilde{Z}^2}{2} - \frac{\tilde{Z}^4}{4} \right), \quad (6)$$

where we have introduced dimensionless  $\tilde{Z} = Z/a$  and

$$\bar{j} = \frac{a\delta B_c}{pc\sigma} j = \frac{3\pi\sqrt{2\kappa}a}{pcB_c} j \quad (7)$$

with  $\kappa = \lambda_L/\xi$ . Note that for a type-I superconductor  $\kappa < 1/\sqrt{2}$ .

## III. EFFECTIVE ACTION IN THE VICINITY OF THE CRITICAL CURRENT

Measurable quantum depinning of the interface can occur only when the transport current is close to the critical current  $j_c$  that destroys the energy barrier. It therefore makes sense to study the problem at  $j \rightarrow j_c$ . Maxima and minima of the function

$$f(\bar{j}, \tilde{Z}) = -\bar{j} \tilde{Z} + \frac{\tilde{Z}^2}{2} - \frac{\tilde{Z}^4}{4} \quad (8)$$

that enters Eq. (6) are given by the roots of the equation  $\tilde{Z}^3 - \tilde{Z} + \bar{j} = 0$ . At  $j^2 < 4/27$  it has three real roots corresponding to one minimum and two maxima of the potential on two sides of the pinning layer, whereas at  $j^2 > 4/27$  there is one real root corresponding to the maximum of  $f$ . Consequently, the barrier disappears at  $j^2 = 4/27$ , providing the value of the critical current,

$$\bar{j}_c = \frac{2}{3\sqrt{3}}, \quad j_c = \frac{2pcB_c}{9\pi\sqrt{6\kappa}a}. \quad (9)$$

At  $\bar{j} = \bar{j}_c$  the minimum and the maximum of the potential combine into the inflection point  $\tilde{Z} = \tilde{Z}_c$  given by the set of equations

$$0 = -\tilde{Z}_c^3 + \tilde{Z}_c - \bar{j}_c, \quad 0 = -3\tilde{Z}_c^2 + 1 \quad (10)$$

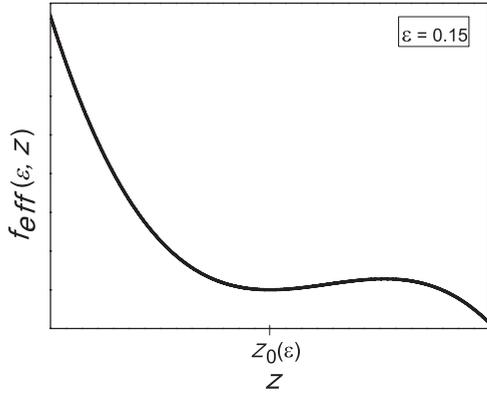


FIG. 2. Effective potential.

that correspond to zero first and second derivatives of  $f$ . The value of  $\tilde{Z}_c$  deduced from these equations is  $1/\sqrt{3}$ . It is convenient to introduce a small parameter,

$$\epsilon = 1 - j/j_c, \quad (11)$$

so that  $j = j_c(1 - \epsilon)$  and

$$\bar{j} = \bar{j}_c(1 - \epsilon) = \frac{2}{3\sqrt{3}}(1 - \epsilon). \quad (12)$$

Let  $\tilde{Z}_0(\bar{j})$  be the minimum of  $f$  (see Fig. 2) satisfying

$$\tilde{Z}_0^3 - \tilde{Z}_0 + \bar{j}_c(1 - \epsilon) = 0. \quad (13)$$

Consider  $\tilde{Z}' = \tilde{Z} - \tilde{Z}_0$ . It is easy to find that the form of the potential in the vicinity of  $\tilde{Z}_0$  is

$$f = f[\tilde{Z}_0(\bar{j})] + \frac{1}{2}(1 - 3\tilde{Z}_0^2)\tilde{Z}'^2 - \tilde{Z}_0\tilde{Z}'^3 - \frac{\tilde{Z}'^4}{4}. \quad (14)$$

At small  $\epsilon$  one has  $\tilde{Z}_0 \rightarrow \tilde{Z}_c = 1/\sqrt{3}$ , so that  $1 - 3\tilde{Z}_0^2$  in front of  $\tilde{Z}'^2$  in Eq. (14) is small. The first term in Eq. (14) can be omitted as an unessential shift of energy, while the last term proportional to  $\tilde{Z}'^4$  can be neglected due to its smallness compared to other  $\tilde{Z}'$ -dependent terms. Consequently, one obtains the “effective potential”

$$f_{\text{eff}}(\bar{j}, \tilde{Z}) = \frac{1}{2}(1 - 3\tilde{Z}_0^2)\tilde{Z}^2 - \tilde{Z}_0\tilde{Z}^3. \quad (15)$$

We need to know the dependence of  $\tilde{Z}_0$  on  $\epsilon$ . Writing  $\tilde{Z}_0(\epsilon) = \tilde{Z}_c[1 - \beta(\epsilon)]$ , with the help of Eq. (13), we obtain  $\beta(\epsilon) = \sqrt{2\epsilon/3}$  to the lowest order on  $\epsilon$ . Then  $1 - 3\tilde{Z}_0^2 \approx 2\sqrt{2\epsilon/3}$  and

$$f_{\text{eff}}(\epsilon, \tilde{Z}) = \sqrt{\frac{2\epsilon}{3}}\tilde{Z}^2 - \frac{\tilde{Z}^3}{\sqrt{3}}. \quad (16)$$

The height of the effective potential is  $(8/27)\sqrt{2/3}\epsilon^{3/2}$  and the width is  $\sqrt{2\epsilon}$ ; see Fig. 2.

As follows from the equations of motion, smallness of  $\epsilon$  results in  $|\nabla Z| \sim p\epsilon \ll 1$ . This allows one to replace  $[1 + (\nabla Z)^2]^{1/2}$  in Eq. (1) with  $1 + \frac{1}{2}(\nabla Z)^2$ . Introducing dimensionless variables

$$x_0 = \left(\frac{2p\sqrt{\epsilon}\xi B_c^2}{3\sqrt{3}\eta a^2}\right)\tau, \quad (x_1, x_2) = (\sqrt{2\epsilon/3}p)^{1/2}\frac{(x, y)}{a},$$

$$v = V(x, y, Z)/\sigma p, \quad u = \frac{3}{\sqrt{2\epsilon}}(Z/a - \tilde{Z}_c(1 - \sqrt{2\epsilon/3}))$$

(17)

we obtain

$$S_{\text{eff}} = \frac{\sqrt{\epsilon}}{3\sqrt{6}\pi p} \frac{\eta a^4}{\hbar} \oint dx_0 \int dx_1 dx_2 \left[ \frac{1}{2}(\nabla u)^2 + u^2 - \frac{u^3}{3} + \frac{1}{2} \int_{\mathbf{R}} dx'_0 \frac{[u(x_0, x_1, x_2) - u(x'_0, x_1, x_2)]^2}{(x_0 - x'_0)^2} \right], \quad (18)$$

where  $\nabla = (\partial_1, \partial_2)$ .

#### IV. INSTANTONS OF THE DISSIPATIVE 2 + 1 MODEL

Quantum depinning of the interface is given by the instanton solution of the Euler-Lagrange equations of motion of the 2 + 1 field theory described by Eq. (18):

$$\sum_{\mu=0,1,2} \frac{\partial}{\partial x^\mu} \left[ \frac{\delta \mathcal{L}}{\delta (\partial u / \partial x^\mu)} \right] - \frac{\partial \mathcal{L}}{\partial u} = 0. \quad (19)$$

This gives

$$\nabla^2 u - 2u + u^2 - 2 \int_{\mathbf{R}} dx'_0 \frac{u(x_0, x_1, x_2) - u(x'_0, x_1, x_2)}{(x_0 - x'_0)^2} = 0 \quad (20)$$

with the boundary conditions

$$u(-\Omega/2, x_1, x_2) = u(\Omega/2, x_1, x_2) \quad \forall (x_1, x_2) \in \mathbf{R}^2$$

$$\max_{x_0 \in [-\Omega/2, \Omega/2]} u(x_0, x_1, x_2) = u(0, x_1, x_2) \quad \forall (x_1, x_2) \in \mathbf{R}^2 \quad (21)$$

that must be periodic on imaginary time with the period  $\hbar/(k_B T)$ . The corresponding period on  $x_0$  is

$$\Omega = \left( \frac{2p\sqrt{\epsilon}\xi B_c^2}{3\sqrt{3}\eta a^2} \right) \frac{\hbar}{k_B T}. \quad (22)$$

This equation cannot be solved analytically, so we must proceed by means of numerical methods.

##### A. Zero temperature

We apply the Fourier transform

$$\hat{u}(\vec{\omega}) = \frac{1}{(2\pi)^{3/2}} \int_{\mathbf{R}^3} u(\vec{x}) e^{i\vec{\omega}\cdot\vec{x}} d^3x \quad (23)$$

to Eq. (20) and get

$$\hat{u}(\vec{\omega}) = \frac{(2\pi)^{-3/2}}{2 + 2\pi|\omega_0| + \omega_1^2 + \omega_2^2} \int_{\mathbf{R}^3} d^3\omega' \hat{u}(\vec{\omega} - \vec{\omega}') \hat{u}(\vec{\omega}'), \quad (24)$$

which is still an integral equation for  $\hat{u}(\vec{\omega})$ . The effective action (18) in terms of  $\hat{u}(\vec{\omega})$  becomes

$$S_{\text{eff}}[\hat{u}] = \frac{\sqrt{\epsilon}}{3\sqrt{6}\pi p} \frac{\eta a^4}{\hbar} \left[ \int_{\mathbf{R}^3} d^3\omega \hat{u}(\vec{\omega}) \hat{u}(-\vec{\omega}) \times \left( \frac{1}{2}(\omega_1^2 + \omega_2^2) + 1 + \pi|\omega_0| \right) - \frac{1}{3(2\pi)^{3/2}} \times \int_{\mathbf{R}^6} d^3\omega d^3\omega' \hat{u}(\vec{\omega}) \hat{u}(\vec{\omega}') \hat{u}(-\vec{\omega} - \vec{\omega}') \right]. \quad (25)$$

We use the algorithm that is a field-theory extension of the algorithm introduced in Refs. 30 and 31 for the problem of

dissipative quantum tunneling of a particle. It consists of the following steps:

(1) Start with an initial approximation  $\hat{u}_0(\vec{\omega})$ . Define the operator

$$\hat{O} : \mathbf{R} \times \mathcal{L}^2(\mathbf{R}^3) \rightarrow \mathcal{L}^2(\mathbf{R}^3) \quad (26)$$

$$(\lambda, \hat{u}(\vec{\omega})) \mapsto \frac{\lambda}{2 + 2\pi|\omega_0| + \omega_1^2 + \omega_2^2} \times \int_{\mathbf{R}^3} d^3\omega' \hat{u}(\vec{\omega} - \vec{\omega}') \hat{u}(\vec{\omega}').$$

(2) Let  $\hat{u}_1(\vec{\omega}) = \hat{O}(\lambda_0, \hat{u}_0(\vec{\omega}))$  for an initial  $\lambda_0 \in \mathbf{R}$ .

(3) Calculate  $\lambda_1 = \lambda_0 / \xi^2$  with  $\xi = \frac{\hat{u}_1(\vec{\omega}=0)}{\hat{u}_0(\vec{\omega}=0)}$ .

(4) Find  $\hat{u}_2(\vec{\omega}) = \hat{O}(\lambda_1, \hat{u}_1(\vec{\omega}))$ .

(5) Repeat steps (2)–(4) until the successive difference satisfies a preset convergence criterion.

The output is the pair  $(\lambda_n, \hat{u}_n(\vec{\omega}))$ . Finally, we apply a rescaling of  $\hat{u}_n$  by a factor  $(2\pi)^{3/2} \lambda_n$  to obtain the instanton solution. This procedure leads to

$$S_{\text{eff}} = \frac{\sqrt{\epsilon}}{3\sqrt{6}\pi p} \frac{\eta a^4}{\hbar} I_0 \quad (27)$$

$$S_{\text{eff}}[\{\hat{u}\}_n] = \frac{\sqrt{\epsilon}}{3\sqrt{6}\pi p} \frac{\eta a^4}{\hbar} \left[ \sum_{n \in \mathbf{Z}} \int_{\mathbf{R}^2} d^2\omega \hat{u}_n(\vec{\omega}) \hat{u}_{-n}(-\vec{\omega}) \left( \frac{\vec{\omega}^2}{2} + 1 + \pi|\omega_{0,n}| \right) - \frac{1}{6\pi} \sum_{n,m \in \mathbf{Z}} \int_{\mathbf{R}^4} d^2\omega d^2\omega' \hat{u}_n(\vec{\omega}) \hat{u}_m(\vec{\omega}') \hat{u}_{-n-m}(-\vec{\omega} - \vec{\omega}') \right]. \quad (30)$$

The numerical algorithm is analogous to the one used in the  $T = 0$  case. It leads to

$$S_{\text{eff}} = \frac{\sqrt{\epsilon}}{3\sqrt{6}\pi p} \frac{\eta a^4}{\hbar} I(T). \quad (31)$$

The value of the integral depends on the value of  $T$  in comparison with the temperature  $T_c$  of the crossover from quantum tunneling to thermal activation (see below). Mathematics of the transition from nonzero temperature to zero temperature is contained in the mathematics of the transition from the discrete Fourier series in Eq. (28) to the Fourier integral in Eq. (23).<sup>30,31</sup> At  $T \ll T_c$  the numerical value of  $I(T)$  is very close to  $I_0$ , while at  $T \gg T_c$  we recover the Boltzmann exponent,  $S_{\text{eff}} = V_0/(k_B T)$ , with  $V_0$  being the energy barrier for depinning. Nevertheless, as we shall see below, the crossover temperature  $T_c$  can be computed exactly.

## V. CROSSOVER TEMPERATURE

The crossover temperature can be computed by means of theory of phase transitions.<sup>32</sup> Above  $T_c$ , the solution minimizing the instanton action is a function  $u(x_0, x_1, x_2) = \bar{u}_0(x_1, x_2)$  that does not depend on  $x_0$ . Just below  $T_c$ , the instanton solution can be split into the sum of  $\bar{u}_0$  and a term that depends on  $x_0$ ,

$$u(x_0, x_1, x_2) = \bar{u}_0(x_1, x_2) + u_1(x_1, x_2) \cos\left(\frac{2\pi}{\Omega} x_0\right). \quad (32)$$

with numerical value of the integral  $I_0 = 531 \pm 19$ . This somewhat surprisingly large value of the integral has been confirmed by our use of different computational grids.

## B. Nonzero temperature

At  $T \neq 0$  the period of the instanton solution is finite, given by Eq. (22). We look for a solution of the type

$$u(x_0, x_1, x_2) = \sum_{n \in \mathbf{Z}} e^{i\omega_{0,n} x_0} u_n(x_1, x_2) \quad (28)$$

with  $\omega_{0,n} = 2\pi n / \Omega$ . Introducing into Eq. (20) the above functional dependence and applying a two-dimensional Fourier transform we obtain

$$\hat{u}_n(\vec{\omega}) = \frac{1}{2 + 2\pi|\omega_{0,n}| + \vec{\omega}^2} \times \left( \frac{1}{2\pi} \sum_{p \in \mathbf{Z}} \int_{\mathbf{R}^2} d^2\omega' \hat{u}_{n-p}(\vec{\omega} - \vec{\omega}') \hat{u}_p(\vec{\omega}') \right), \quad (29)$$

which is the integral equation for  $\hat{u}_n$  with  $\vec{\omega} = (\omega_1, \omega_2)$ . In terms of  $\{\hat{u}_n(\vec{\omega})\}_n$  the effective action becomes

Note that the arbitrary complete set of periodic functions can be used in the expansion of  $u(x_0, x_1, x_2)$ . We choose the simplest set provided by  $\cos[(2\pi n / \Omega)x_0]$  and use the fact that only the first term of the expansion survives when temperature approaches  $T_c$  from below. The value of  $T_c$  is independent of our choice of periodic functions.<sup>32</sup>

The instanton action is proportional to

$$\int_{\mathbf{R}^2} dx_1 dx_2 \Phi(x_1, x_2; u, \nabla u), \quad (33)$$

where  $\Phi(x_1, x_2; u, \nabla u)$  is the spatial action density. Using the expansion of  $u$  introduced in the previous section, we obtain

$$\Phi(x_1, x_2; u_1, \nabla u_1) = \Omega \left[ \frac{1}{2} (\nabla \bar{u}_0)^2 + v(\bar{u}_0) \right] + \frac{\Omega}{4} (\nabla u_1)^2 + \Lambda u_1^2 + O(4) \quad (34)$$

with  $v(u) = u^2 - u^3/3$  and

$$\Lambda = \frac{\Omega}{4} v''(\bar{u}_0) + \pi^2. \quad (35)$$

If  $\Lambda > 0$ , the only  $(u_1, \nabla u_1)$  minimizing  $\Phi$  is  $u_1 \equiv 0$ , so we define the crossover temperature by the equation

$$\min_{\bar{x} \in \mathbf{R}^2} \Lambda = \min_{\bar{x} \in \mathbf{R}^2} \frac{\Omega_c}{4} v''[\bar{u}_0(x_1, x_2)] + \pi^2 = 0. \quad (36)$$

Notice that this minimum corresponds to the minimum of  $v''[\bar{u}_0(x_1, x_2)]$ . The equation of motion for  $\bar{u}_0$  is

$$\nabla^2 \bar{u}_0 - 2\bar{u}_0 + \bar{u}_0^2 = 0. \quad (37)$$

The solution corresponding to the minimum is spherically symmetric,

$$\bar{u}_0 = \bar{u}_0(r = \sqrt{x_1^2 + x_2^2}), \quad (38)$$

satisfying boundary conditions  $\bar{u}_0 \rightarrow 0$  at  $r \rightarrow \infty$  and  $\bar{u}_0(0) = 3$ , which is the width of the potential. Consequently,

$$\begin{aligned} \min_{\bar{x} \in \mathbb{R}^2} v''[\bar{u}_0(x_1, x_2)] &= \min_{\bar{u}_0 \in [0, 3]} v''(\bar{u}_0) \\ &= \min_{\bar{u}_0 \in [0, 3]} 2(1 - \bar{u}_0) = -4. \end{aligned} \quad (39)$$

Then, according to Eqs. (35) and (36), the crossover temperature is determined by the equation  $\Omega(T_c) = \pi^2$ , which gives

$$T_c = \frac{2p\sqrt{\epsilon} \hbar \xi B_c^2}{3\sqrt{3}\pi^2 k_B \eta a^2} = \frac{4p\sqrt{\epsilon} \hbar \rho_n c^2}{3\pi^2 \sqrt{3}\kappa k_B a^2}. \quad (40)$$

## VI. DISCUSSION

We are now in a position to discuss the feasibility of the proposed experiment on quantum depinning of the interface from a planar defect in a type-I superconductor. Two conditions must be satisfied. First the dimensionless effective action of Eq. (27), which is the WKB exponent of the tunneling rate, should not exceed 30–40 in order for the tunneling to occur on a reasonable time scale. Second, the crossover temperature determined by Eq. (40) better be not much less than 1 K. For a known superconductor, the two equations contain three parameters: The parameter  $p \leq 1$  describing the strength of pinning, the parameter  $a$  describing the width of the pinning layer, and the parameter  $\epsilon$  that controls how close the transport current should be to the depinning current. We therefore have to investigate how practical is the range of values of these parameters that can provide conditions  $S_{\text{eff}} \sim 30$  and  $T_c \sim 1$  K.

Let us choose lead as an example. The values of  $\lambda_L$  and  $\xi$  in lead are 37 and 83 nm, respectively, giving  $\kappa = \lambda_L/\xi = 0.45$ . The critical field is  $B_c \approx 800$  G. The elastic energy of the

interface is  $\sigma \approx 0.4$  erg/cm<sup>2</sup>. The normal-state resistivity in the K range is  $5 \times 10^{-11} \Omega \text{ m} = 5.6 \times 10^{-21} \text{ s}$ , while the drag coefficient is  $\eta \approx 0.35$  erg s/cm<sup>4</sup>. Then Eqs. (27) and (40) with conditions  $S_{\text{eff}} \sim 30$  and  $T_c \sim 1$  K give  $a/p^{1/3} \sim 3.7$  nm and  $\sqrt{\epsilon}a \sim 0.25$  nm. Note that these relations are specific for a two-dimensional elastic manifold pinned by a two-dimensional layer. In principle one could study pinning of the interface by a one-dimensional line of defects or even by a point defect. However, such choices would be less practical due to very small pinning barriers and thus strong thermal effects, even in the absence of the transport current.

If the pinning layer is not compatible with superconductivity, that is, it favors the normal phase, then at  $2a < \xi$  one should expect  $p \sim 2a/\xi$ , giving  $a \sim 1.65$  nm and  $\epsilon \sim 0.02$ . This means that observation of quantum escape of the interface from a pinning layer of thickness  $2a \sim 3.3$  nm in a superconducting Pb sample at  $T \sim 1$  K would require control of the transport current within 2% of the critical depinning current. All the above parameters are within experimental reach.

## VII. CONCLUSION

In conclusion, we have studied quantum escape from a planar pinning defect of the interface separating superconducting and normal regions in a type-I superconductor. This can correspond to either quantum depinning of the interface from a grain boundary or quantum depinning from an artificially prepared layer. The computed tunneling rate, the required temperature, and other parameters all fall within realistic experimental range. We encourage such experiment as it would present a rare opportunity to study, in a controllable manner, dissipative quantum tunneling of an extended object.

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