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Taking Evidence-Based Practice to the Bedside: Innovative Methods of Keeping Patients Informed

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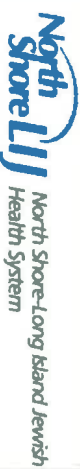
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TAKING EVIDENCE BASED PRACTICE TO THE BEDSIDE: INNOVATIVE METHODS OF KEEPING PATIENTS INFORMED



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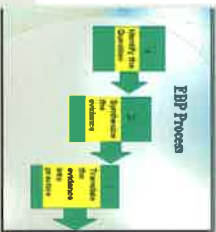
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- NBI
Kahnawass River Practice Model
PROTOCOL
1. Formulate Question
 2. Conduct Literature Search
 3. Critique Evidence
 4. Synthesize Evidence
 5. Implement the Evidence
 6. Evaluate the Evidence
 7. Disseminate the Evidence
 8. Re-evaluate the Evidence



STEP #1 Identify the Question.



"What do oncology patients want to know and what is the best way to keep them informed?"



A shared workgroup of the Collaborative Care Council meets with a librarian to learn literature search skills.

Introduction:
"Evidence Based is the integration of best evidence with clinical expertise and patient Values"
(Sackett, et. al, 2001, p.1)



CHALLENGE: NURSES Lack skills in searching and Critiquing information

SOLUTION: "Bring the mountain to Mohammed" **METHOD:**

This Pilot study utilizes the North Shore LIJ Evidence Based Practice Model to teach the health care team the steps to EBP. A traveling team of "EBP Mentors" comprised of a nursing research committee member and a research librarian, will bring the required research skills to the health care team at the bedside

Results / Outcomes:

Nurses will gain required skills and knowledge essential to providing **Evidence Based Care**

Patient Satisfaction **Outcomes (Key Driver, keeping patient informed)** will improve as evidenced by a rise in Press Ganey Scores.

STEP #2 Synthesize the evidence.



Oncology patients believe that "excellent nurses use professional knowledge, establish rapport, form a partnership with the patient, and treat the patient as an individual"

-Rowia, L. (2000) Research in Nursing & Health 23 p. 189

Summary of THEMES:
Patients want to know :
What is the Plan of Care and Who are the People involved in delivering my care?

STEP #3 Translate the evidence into practice.

Practice Changes:
Identify preferred method for receiving information upon admission.

Review POC with every patient, daily
Review "Navigator" with every patient, daily
Standardize "White Boards" to include:

- Name of Healthcare Team Members
- Pictures of Staff
- Audio/Visual channel with repeating information regarding tests/information.
- Multi-lingual/Culturally Diverse Rounding for Outcomes



"Travelling EBP Mentors", Shared workgroup.