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Taking Evidence-Based Practice to the Bedside: Innovative Methods of Keeping Patients Informed

Carlos Arguelles
CUNY Kingsborough Community College

Myrta Rabinowitz
North Shore-LIJ Health System

Lily Thomas
North Shore-LIJ Health System

Nicole C. Lemoine
North Shore-LIJ Health System

Kathleen Palafox
North Shore-LIJ Health System

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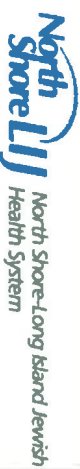
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TAKING EVIDENCE BASED PRACTICE TO THE BEDSIDE: INNOVATIVE METHODS OF KEEPING PATIENTS INFORMED



Myrta Rabinowitz, Ph.D., R.N., BC, Nurse Educator

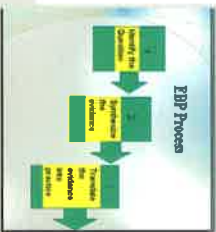
Lily Thomas, Ph.D., R.N., Vice President, System Nursing Research

Nicole C. Lemoine, R.N., M.S.N., CNN, FNPC, Nurse Educator

Kathleen Palafox, R.N., M.S.N., Nurse Educator

Carlos Arguelles, M.B.A., MS/LIS

- NBI
Kahnawass River Practice Model
PROTOCOL
1. Formulate Question
 2. Conduct Literature Search
 3. Appraise the Evidence
 4. Synthesize the Evidence
 5. Implement the Evidence
 6. Evaluate the Evidence



STEP #1 Identify the Question.



"What do oncology patients want to know and what is the best way to keep them informed?"



A shared workgroup of the Collaborative Care Council meets with a librarian to learn literature search skills.

Introduction:
"Evidence Based is the integration of best evidence with clinical expertise and patient Values"
(Sackett, et. al, 2001, p.1)



CHALLENGE: NURSES Lack skills in searching and Critiquing information

SOLUTION: "Bring the mountain to Mohammed" **METHOD:**

This Pilot study utilizes the North Shore LIJ Evidence Based Practice Model to teach the health care team the steps to EBP. A traveling team of "EBP Mentors" comprised of a nursing research committee member and a research librarian, will bring the required research skills to the health care team at the bedside.

Results / Outcomes:

Nurses will gain required skills and knowledge essential to providing **Evidence Based Care**

Patient Satisfaction **Outcomes (Key Driver, keeping patient informed)** will improve as evidenced by a rise in Press Ganey Scores.

STEP #2 Synthesize the evidence.



What do Oncology Patients on 4 North want to know?
Themes identified from unasked questions:

1. Daily Routine (What time is breakfast/ lunch)
2. Status (What are the results of my tests? Am I getting Chemo today?)
3. Treatment Outcome (Will I be in pain? Will I be tired?)
4. Caregivers (Who is my doctor? Why haven't they told me what's going on with me?)
5. Future/Outcome (When can I go home? Why does it take so long to get discharged?)

Summary of THEMES:
Patients want to know:
What is the Plan of Care and Who are the People involved in delivering my care?

STEP #3 Translate the evidence into practice.

Practice Changes:
Identify preferred method for receiving information upon admission.

Review POC with every patient, daily
Review "Navigator" with every patient, daily
Standardize "White Boards" to include:

- Name of Healthcare Team Members
- Pictures of Staff
- Audio/Visual channel with repeating information regarding tests/information.
- Multi-lingual/Culturally Diverse Rounding for Outcomes



"Travelling EBP Mentors", Shared workgroup.