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2023

### FIQWS 10008 Syllabus Fall 2023

Hayley M. Hancock  
*CUNY City College*

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**FIQWS 10008 – 24892**  
**Individual & Society: Psychopathology in Literature**

**Fall 2023**  
**Tuesday/Friday 11 AM – 12:15 PM**  
**NAC 4/108**

**Hayley M. Hancock**  
**[hhancock@ccny.cuny.edu](mailto:hhancock@ccny.cuny.edu)**  
**Office Hours: by appointment**

**Course Description:**

The topic section of this course is designed to introduce you to the history, research, and practice of psychopathology. You will learn about the field of abnormal psychology, as well as major mental disorders, including depression, anxiety, schizophrenia, and others. We will examine each disorder in detail, including symptomatology, psychosocial effects, treatments, and outcomes. You will also understand the relationship between culture and psychopathology, namely how disorder classification, presentation, diagnosis, and treatment differ throughout the world. We will discuss the importance of cultural competency, ethics, equity, and accessibility in the practice of psychopathology.

This topic section will link closely with the composition section of FIQWS to provide you the theoretical psychological background needed to write various types of compositions.

**Learning Outcomes:**

Students will...

- Gather, interpret, and assess information from a variety of sources and points of view
- Evaluate evidence and arguments critically or analytically
- Produce well-reasoned written or oral arguments using evidence to support conclusions
- Develop an understanding of college readiness skills (attendance, handing in work on time, and academic integrity)
- Gain knowledge of concepts, terminology, and observable phenomena in the study of psychopathology
- Develop their abilities as critical readers by applying what they learn about psychopathology to the literature they read
- Gain a rudimentary ability to evaluate research in psychopathology

- Be able to write about literature and psychopathology in a clear, organized way
- Identify and apply the fundamental concepts and methods of psychology exploring the relationship between the individual and society
- Examine how an individual's place in society affects experiences, values, or choices
- Articulate and assess ethical views and their underlying premises

### **Reading Materials:**

**\*\*\*All reading materials are open source and will be provided on Blackboard.**

DSM Diagnostic Criteria (*Diagnostic and Statistical Manual of Mental Disorders*, Fifth Edition)

Selected Case Studies

Supplementary Research Articles

### **Grading:**

“Yellow Wallpaper” Assignment (Counseling Center): For this assignment, you will read “The Yellow Wallpaper” by Charlotte Perkins Gilman. Together as a class we will visit the Counseling Center, where you will speak to staff about the types of clinical interviews, assessments, and treatments they may utilize for students seeking support. Writing components of the assignment will be explained in class.

Ongoing Database Assignment: Throughout the semester, you will build a database of resources on topics within psychopathology. For each course topic, you will find and submit at least one credible online source (peer reviewed journal article, credible website, video, etc.). You will write a brief summary of each source.

Research Essay: You will choose an area of psychopathology and explore how it has been represented in literature and popular media. Students will need five to six scholarly sources. This paper will be a collaborative effort between the topic and composition section.

Quizzes (Extra Credit): Quizzes on each course topic will be available on Blackboard for extra credit.

### **Grade Breakdown:**

Participation: 5%  
 Attendance: 5%  
 Yellow Wallpaper: 10%  
 Database Assignment: 40%  
 Research Essay: 40%

### **Grading Scale:**

A+	98.0-100%	C+	77.0-79.9%
A	94.0-97.9%	C	73.0-76.9%
A-	90.0-93.9%	C-	70.0-72.9%
B+	87.0-89.9%	D+	67.0-69.9%
B	83.0-86.9%	D	60.0-66.9%
B-	80.0-82.9%	F	0.0 - 59%

### **Course Expectations:**

This course includes topics that may be sensitive. Although the classroom is a safe space for all students, please remember that this is not a therapeutic setting and that I am not equipped, nor ethically able, to provide counseling services. If at any point you wish to speak to a counselor, please feel free to contact me via email or visit the counseling center so that we can connect you to the proper resources.

The syllabus includes general topics that we will discuss throughout the semester along with dates. I will do my best to follow the syllabus so that you can anticipate when sensitive topics will be discussed. If you have concerns about a specific topic, please reach out to me.

All students are expected to foster a respectful, welcoming, and safe space for their fellow students.

### **Attendance:**

Life happens and so do absences. But it is your responsibility to let me know if there are any extenuating circumstances that are preventing you from attending class regularly.

- You are allowed four absences (for any reason) without penalty or documentation.
- If you miss a fifth class, your final grade will drop by 5% (e.g., from 90% to 85%).
- If you miss a sixth class, your final grade will drop by an additional 5%.
- If you miss seven classes, you may not be eligible to pass the course. Contact your instructor to determine how to proceed.

Being a few minutes late a few times in a semester is understandable, but it is crucial to try to arrive on time to each class.

- You are allowed two tardies of up to 10 minutes each (for any reason) without penalty.
- Being tardy more than twice or arriving later than 10 minutes after class begins may result in grade deductions at your instructor's discretion.

### **Late Work:**

Assignments should be submitted on time. I understand that life happens, so if you find yourself in a position to submit work late, please let me know as soon as possible. Assignments will be submitted through Blackboard, so please be mindful that you might have technical

difficulties (WiFi, computer, etc.) when trying to submit and you should account for that when finishing your assignments. Late submissions will not be accepted without prior approval from me. Extensions may be granted on a case-by-case basis but require prior approval given at least 24 hours in advance of the original submission deadline.

**Email Policy:**

All email correspondence should be sent to [hhancock@ccny.cuny.edu](mailto:hhancock@ccny.cuny.edu). I do not respond to emails from any other address, so please ensure that you are using the correct address. Please put your full name and your course title in the subject line when emailing. I do not check emails on weekends or after 6 PM on weekdays. I will do my best to get back to you within 24-48 hours.

**Academic Integrity:**

Academic dishonesty is prohibited in The City University of New York. Penalties for academic dishonesty include academic sanctions, such as failing or otherwise reduced grades, and/or disciplinary sanctions, including suspension or expulsion.

Plagiarism is the act of presenting another person’s ideas, research or writing as your own. Examples of plagiarism include:

- Copying another person’s actual words or images without the use of quotation marks and footnotes attributing the words to their source.
- Presenting another person’s ideas or theories in your own words without acknowledging the source.
- Failing to acknowledge collaborators on homework and laboratory assignments.
- Internet plagiarism, including submitting downloaded term papers or parts of term papers, paraphrasing, or copying information from the internet without citing the source, or “cutting & pasting” from various sources without proper attribution.

\*\*\*CUNY Policy on Academic Integrity

**Course Outline**

\*\*\*subject to change (written notice will be provided)

<b>Week</b>	<b>Class Dates</b>	<b>Topic</b>	<b>Readings/Assignments</b>
<u>Week 1</u>	Fri 8/25	Course Introduction; Syllabus	
<u>Week 2</u>	Tues 8/29 Fri 9/1	Intro to Psychopathology Intro to Psychopathology	<b>Intro Discussion Post due Tuesday at 11:59 PM</b>
<u>Week 3</u>	Tues 9/5		DSM-5 Chapters: Generalized Anxiety Disorder

	Fri 9/8	Anxiety Disorders	Panic Disorder Anxiety Case Study <b>Database Source Due 9/8 at 11:59 PM</b>
<u>Week 4</u>	Tues 9/12	Social Anxiety + Agoraphobia	<b>Database Source Due 9/15 at 11:59 PM</b>
	Fri 9/15	<b>NO CLASSES</b>	
<u>Week 5</u>	Tues 9/19	Depressive Disorders	DSM-5 Chapter: Major Depressive Disorder MDD Case Study <b>Database Source Due 9/22 at 11:59 PM</b>
	Fri 9/22		
<u>Week 6</u>	Tues 9/26	<b>“Yellow Wallpaper” Assignment Introduced</b>  Bipolar Disorder (I & II)	DSM-5 Chapters: Bipolar I Disorder Bipolar II Disorder Bipolar Case Study <b>Database Source Due 9/29 at 11:59 PM</b>
	Fri 9/29		
<u>Week 7</u>	Tues 10/3	<b>Midterm Conferences</b>	DSM-5 Chapter: Schizophrenia Schizophrenia Case Study <b>Database Source Due 10/6 at 11:59 PM</b>
	Fri 10/6	Schizophrenia/Psychotic Disorders	
<u>Week 8</u>	Tues 10/10	<b>MONDAY SCHEDULE</b>	<b>“Yellow Wallpaper” Assignment Due at 11:59 PM</b>  DSM-5 Chapters: Dissociative Identity Disorder

	Fri 10/13	Dissociative Disorders	<b>Database Source Due 10/13 at 11:59 PM</b>
<u>Week 9</u>	Tues 10/17	<b>Research Essay Assigned</b> OCD	DSM-5 Chapters: Obsessive-Compulsive Disorder Posttraumatic Stress Disorder  OCD + PTSD Case Studies
	Fri 10/20	PTSD	<b>Database Source Due 10/20 at 11:59 PM</b>
<u>Week 10</u>	Tues 10/24	Eating Disorders	DSM-5 Chapters: Anorexia Nervosa Bulimia Nervosa  Anorexia + Bulimia Case Studies
	Fri 10/27		<b>Database Source Due 10/27 at 11:59 PM</b>
<u>Week 11</u>	Tues 10/31	Personality Disorders	<b>Research Essay Proposal + 2 Sources Due</b> DSM-5 Chapters: Antisocial Personality Disorder Narcissistic Personality Disorder Borderline Personality Disorder  Antisocial PD Case Study Borderline PD Case Study
	Fri 11/3	<b>Library Visit (**subject to change)</b>	<b>Database Source Due 11/3 at 11:59 PM</b>
<u>Week 12</u>	Tues 11/7	Neurodevelopmental Disorders	DSM-5 Chapters: Autism Spectrum Disorder Attention-Deficit/Hyperactivity Disorder  ASD + ADHD Case Studies
	Fri 11/10		<b>Database Source Due 11/10 at 11:59 PM</b>

<u>Week</u> <u>13</u>	Tues 11/14          Fri 11/17	Substance Use Disorders	<b>Research Essay First Draft Due</b>  DSM-5 Chapters: Alcohol Use Disorder  <b>Database Source Due 11/17 at 11:59 PM</b>
<u>Week</u> <u>14</u>	Tues 11/21          Fri 11/24	Substance Use Disorders       <b>NO CLASSES</b>	DSM-5 Chapters: Opioid Use Disorder  Alcohol Use Disorder Case Study  <b>Database Source Due 11/24 at 11:59 PM</b>
<u>Week</u> <u>15</u>	Tues 11/28          Fri 12/1	Sleep Disorders	DSM-5 Chapters: Insomnia Disorder Narcolepsy  <b>Database Source Due 12/1 at 11:59 PM</b>
<u>Week</u> <u>16</u>	Tues 12/5          Fri 12/8	Ethics in Psychopathology       Opposing Views in Psychopathology	<b>Research Essay Final Draft Due</b>
<u>Week</u> <u>17</u>	Tues 12/12	<b>LAST DAY OF CLASSES</b>	<b>Digital Portfolio Due</b>

### Accessibility & Campus Resources:

At City College, we strive to make classes accessible to every student, regardless of any disability (visible or non-visible; physical, cognitive, emotional, or learning) or any other special circumstances (such as a medical, personal, or housing emergency; family responsibilities; financial difficulties; legal difficulties; or immigration status) that may affect your ability to attend class and complete the coursework. Please speak to your professors in office hours or via email early in the semester or as soon as you're aware that you may need accommodations.



In addition, City College offers resources to students in a wide range of circumstances. Please share this information with your friends and classmates at CCNY! We want all students to succeed and to take advantage of all the support the college has to offer.

Please let your other professors know if you have registered with the AccessAbility Center/Student Disability Services (AAC/SDS) or have any ***special needs, learning differences, or medical conditions*** that may affect your coursework so that we can make the appropriate accommodations. If you believe you may need an accommodation, please do get in touch with the AAC/SDS. You can reach the AccessAbility office through their Zoom virtual front desk (<https://ccny.zoom.us/j/116151245>)

If you need a ***computer, tablet, or wi-fi***, you can request them through an online form ([https://portal.ccny.cuny.edu/depts/oit/cuny\\_loaner/login.php](https://portal.ccny.cuny.edu/depts/oit/cuny_loaner/login.php)). You can also contact the iMedia Center via email ([imedia@ccny.cuny.edu](mailto:imedia@ccny.cuny.edu)) or via phone, Monday-Friday 9am-3pm (646-558-8656; wait for the voice prompt to end; enter meeting ID 212-650-5480 and the # sign).

If you have any questions or concerns about your ***immigration status*** or that of your family members, please consult the CCNY Immigration Center for free and confidential advice via phone (212-650-6620) or email ([meetu.dhar@cuny.edu](mailto:meetu.dhar@cuny.edu)).

If, for any reason, you are struggling with ***personal issues, anxiety, depression, or stress***, there are a number of resources on campus.

The Student Counseling Center in the Health and Wellness Center provides remote counseling that is free and confidential to students. You can contact them via phone (212-650-8222), email ([counseling@ccny.cuny.edu](mailto:counseling@ccny.cuny.edu)), or their Zoom virtual front desk (<http://ccny.zoom.us/j/2126508222>). They also have links to a number of resources on their website (<https://www.ccny.cuny.edu/counseling>).

The Colin Powell School offers free, confidential peer mentoring with trained graduate students on issues of stress management and self-care. To sign up, simply send an email ([peernavigationccny@gmail.com](mailto:peernavigationccny@gmail.com)) or sign up online (<https://calendly.com/peernavigation/calendar?month=2020-10>).

If you are dealing with ***food insecurity***, please visit Benny's Food Pantry in the Hoffman Lounge on the first floor of the NAC. The pantry is open even during the pandemic. To gain access on weekdays, just call 212-650-8844.

If you are facing an ***emergency shortage of funds***, please email Ms. Charlene Darbassie ([cdarbassie@ccny.cuny.edu](mailto:cdarbassie@ccny.cuny.edu)) or Dean Andy Rich ([arich@ccny.cuny.edu](mailto:arich@ccny.cuny.edu)) in the Colin Powell School Dean's Office. They will tell you how to apply for an emergency grant. Applying is quick and easy.

If you are experiencing or have experienced ***domestic violence*** or ***violence that is sex-based, gender-based, or sexuality-based***; or if you are experiencing or have experienced

***discrimination because of gender, sex, sexuality, race, ethnicity, language, religion, disability, or other reasons***, please report it to Diana Cuzzo in the Office of Affirmative Action, Compliance, and Diversity via email ([dcuzzo@ccny.cuny.edu](mailto:dcuzzo@ccny.cuny.edu)) or phone (212-650-7330). For a confidential discussion of these and related issues, please contact Sophie English via email ([senglish@ccny.cuny.edu](mailto:senglish@ccny.cuny.edu)) or phone (212-650-8905).

If you are struggling in any of your classes, don't hesitate to get extra ***academic support***. Just make an appointment with the Academic Resource Center ([www.ccny.cuny.edu/sssp/tutoring-arc](http://www.ccny.cuny.edu/sssp/tutoring-arc)) or email Garri Rivkin ([grivkin@ccny.cuny.edu](mailto:grivkin@ccny.cuny.edu)) in the Colin Powell School office of Academic Support Services.

The CCNY Writing Center ([www.ccny.cuny.edu/writing](http://www.ccny.cuny.edu/writing)) offers individualized ***writing support*** to all students.

To receive information and support about securing ***internships*** and planning for your ***post-college career***, please contact Debbie Cheng ([dcheng@ccny.cuny.edu](mailto:dcheng@ccny.cuny.edu)) and Ashif Hassan ([ahassan@ccny.cuny.edu](mailto:ahassan@ccny.cuny.edu)) in the Colin Powell School Dean's Office. Also, take a look at the new Career Handbook that their office has created to help you start thinking about career and professional development (<https://www.ccny.cuny.edu/colinpowellschool/career-and-professional-development>).

For a continually updated list of ***other pandemic-related resources throughout New York City***, please see this online document: <https://docs.google.com/document/d/1sg5wJgKU9dUqmt62IGqxtWVccHSRUCChUrBBm3upvH8/edit?ts=5e792358#>

For ***advising***, contact the Colin Powell School Advising Office (<https://www.ccny.cuny.edu/colinpowellschool/office-academic-advisors>). At their website, you can make a virtual appointment with one of the advisors or you can find their email addresses so you can send them a message.