STUDENT GOVERNMENT ELECTION

by Scott Engel
The ballots are in and it has been final­ized. The Bridge now presents the vic­ tors of the 1986 Student Government Elec­tions, which took place from May 9 to May 24th. These winners will now decide among themselves who will fill the various positions on the government: President, Vice Presi­ dent, etc.

The winner of the election was Nancy Rodriguez. She received the greatest number of votes, 344. She is extremely interested in helping the less fortunate of LaGuardia by imple­ menting special programs. For example, she would encourage the learning of sign language by students so the hearing impaired on campus will feel more at home at the College.

Rodriguez adds, “I will be running by the book and no unfair procedure will be made. I will do my best for the Student Union to be run by the stu­ dents.”

Running a tight second is Venessa Correa who totaled 241 votes. Corre­ a is one of the most politically active stu­ dents in the college, best known for her work with day care at LaGuardia. Pulling in tight behind Correa was Evi­ gnie White who gathered 232 votes in the campaign. White is the former Vice President of the Student Govern­ ment. Her experience should help the newcomers adjust to the rigors of pub­ lic office.

Sharon St. Valle is one of the new­ comers and she won her seat on gov­ ernment after racking up 196 votes. She plans a greater range of activities in the summer, and she plans to be accessible to the students.

She says, “The students have to help us out so we can produce the best pro­ grams possible for our school.”

Margaret Ortega is a student repre­ sentative in the government who plans to distribute questionnaires throughout the school to get an idea of how the student body feels about issues concern­ ing their activities, etc.

Involvement between government and students is a must and no one knows this better than Naziera Jamer. As a member of government, she feels that fiscal responsibility is an asset to students as well as the college.

She says, “I plan to put out a quarterly report on how the government money is being spent. Students should have the right to know how their student activity fees are being used.”

She would also like to see open forums so students and lobbying groups can make their voices heard. She is also upset by student apathy, which was evident by the voter turn­ out. Of the 7,000 LaGuardia students, only 712 took their opinions to the polls and voted.

The 712 votes were distributed as follows among the other candidates: Susan Gizzi (380), Tarisha Jordan (389), and Michele Gibson (63). Also, the election included a vote on whether or not to approve a Student Union. That won 407 to 35.

To learn more about your student government and how they are spend­ ing your money visit their office (M-600).

Behavior

by Beverley Taffe

An open hearing to address LaGuar­ dia’s Student Senate rules and regu­ lations is scheduled on June 11th 1986. The hearing is being held by the Col­ lege Senate AD HOC Committee which has recently released a report on “Student Ethical Behavior.” The report covers such areas as “academic dishonesty, cheating, plagiarism, vandalism and theft of copy righted com­ puter programs.”

Although LaGuardia has a basic set of rules on how students should conduct themselves on campus and while on intern­ ships, according to the report, “the col­ lege has never had an institutional pol­ icy” regarding student behavior. In the past, when the population of LaGuar­ dia was just a few hundred, it was eas­ ier for instructors to detect unethical behavior. Now with LaGuardia’s huge population of thousands, a population that is growing each quarter, it is more difficult for instructors to keep track of dishonesty. The policy which the re­ port proposes would help faculty monitor unethical behavior with more ease.

The Committee has also defined the disciplinary procedures and student rights in the event of a suspected viola­ tion.

The proposed policy was put to­ gether by looking carefully at some student behavior at LaGuardia. For example, some students have been found to sell term papers. But with the new guidelines if these students were caught, punishment would be spelled out.

The Committee also found that un­ ethical behavior was an on going prob­ lem and so the college’s ethical stan­ dards should be clearly stated and vig­ orously enforced.

Students and instructors are en­ couraged to give their comments and recommendations on the report and proposed policy. The school library has copies on reserve and anyone wishing to address the Senate should contact Jeffrey Davis (MB13) for more information.
by Caridad Del Castillo-Castaneda

The LaGuardia Community College believes that the college believes it has a responsibility to go beyond merely providing students with the opportunity for an education. "Sadly enough, many students are led to accept this as true, when in reality, LaGuardia does not even begin to provide what is defined as an education. It has been quite easy to mislead the masses, to entice them to confuse genuine education with career training. LaGuardia offers both but emphasizes the latter. This emphasis fosters a negative, almost hostile attitude towards liberal arts education. Rancid only to a handful of concerned faculty and students, an invisible cloud of anti-intellectualism envelopes the remaining student body. Its noxious fumes are inescapable. During Freshman Seminar and Orientation one is often reminded that those who major in liberal arts are students who don't know what they want. When trying to get a signature on a "change of major" form, a well meaning counselor lectured me on how "unmarketable" my liberal arts degree would be. It is not university-oriented students, but "individual" students, "Liberal Arts! That's so stupid. What's it any good for?" This attitude is an irritant to serious students. Moreover, it is tragic and even dangerous because it reinforces the ignorance of those who hold this sentiment.

The word "education" is derived from the Latin verb "educare" which means "to draw out." At its best, a liberal arts education challenges and draws students to recognize recurring patterns. It is evident that liberal arts education is pragmatic as well as humanistic. It would be simple enough to make all LaGuardia students major in Liberal Arts, while completing a career pattern. However, a better solution would be found through the implementation of a core curriculum. First of all, basic skills courses would be counted as unenforced requirements. Second, a Liberal Arts core of twenty credits would be implemented, while the requirements for majors would be reduced to twenty credits. Since most four year colleges do not even grant general elective credits and most transfers would be cut from three credits to one, while at the same time maintaining its tuition unit value for financial aid purposes. These changes would provide a balanced curriculum which would make room for more electives. In these ways the student would get the best of both worlds.

Throughout history the affluent received well rounded educations while the poor often had to struggle their way. It was a convenient way to exploit and oppress the ignorant. LaGuardia is a reflection of this tragi- cal state, where many people learned through apprenticeships. Today, they learn skills in the classroom. Today, students major in Liberal Arts. Moreover, they handle the social and economic pressures of being an adult. Through the study of the humanities, social sciences and natural sciences students learn to recognize recurring themes and they learn to see the relationship between things which, at first, seem completely different. Certainly, a Liberal Arts education provides a broad foundation which will allow the student to flourish in any environment.

Perhaps the most important reason for acquiring a liberal education is that as human beings we should be obsessed with the desire to understand and appreciate the fragility and complexity of our world. However, there are some practical reasons to consider. There is an anthropological species and the less likely it is to evolve. This holds true for career oriented students. Specifically, pegging the individual into a specific role which promises little chance for mobility. Business experts are crying for workers with liberal arts backgrounds because of their adaptability and fluid range of skills. Many of the skills taught at LaGuardia will be obsolete by the time the student reaches the work place. The large, tempting salaries promised by fields such as accounting, computer science, and business are usually reserved for those who have completed graduate degrees in the chosen area. For those who are considering transferring, most four year colleges require a minimum of forty five to sixty liberal arts credits. Moreover, they must complete half of their major at the four year college. Therefore, if a student takes only fifteen hours per semester, the student will have to spend much more time at the four year institution making up for his/her poor planning. It is evident that liberal arts education is pragmatic as well as humanistic. It would be simple enough to make all LaGuardia students major in Liberal Arts while completing a career pattern. However, a better solution would be found through the implementation of a core curriculum. First of all, basic skills courses would be counted as unenforced requirements. Second, a Liberal Arts core of twenty credits would be implemented, while the requirements for majors would be reduced to twenty credits. Since most four year colleges do not even grant general elective credits and most transfers would be cut from three credits to one, while at the same time maintaining its tuition unit value for financial aid purposes. These changes would provide a balanced curriculum which would make room for more electives. In these ways the student would get the best of both worlds.

PROFILE: SHIRLEY MILLER COUNSELOR

by Richard Hamilton

Two blocks west of the main campus on Thomson Avenue is the Executive building where Shirley Miller maintains her office as Coordinator of Special Projects in a cubicle on the seventh floor. A native of Chicago, she won a scholarship to the University of Wisconsin and was retained in her office as Coordinator of Special Projects in a cubicle on the seventh floor.

Following this, she returned to Chicago and taught high school English for several years. She also attended Northwestern University where she obtained her B.A. in Literature. Shortly after she came to New York and worked as an editorial assistant for a publishing firm. Finding that her real love was education, she became a counselor here at LaGuardia in 1979.

After having been involved in several areas, including program development, correctional education and high school equivalency certification, she has been a sponsor of the "LaGuardia Connection," a joint venture with C.U. N.Y. and the Continuing Education Program at C.U. In the fall of 1981, she was appointed Senior Citizen Counselor, along with her other duties.

In a word, a non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, non-profit, 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I. R. A.: Terrorists Or Freedom Fighters?

by Imelda O'Reilly

A bomb goes off in a local bar. Graffiti covers the walls of public buildings. Young children throw rocks at soldiers. The sound of sirens echoes in the streets. This is Northern Ireland. 1986. These images are what the world sees when they think of Northern Ireland.

To those unfamiliar with the situation, Northern Ireland is an island which the British government considers to be part of the United Kingdom. Northern Ireland consists of six counties which have been artificially removed from the Republic of Ireland.

Furthermore, they are subject to British rule. In 1920 the British decided to give the people a home rule except for six counties in Northern Ireland. This partition of Ireland (in Gaelic) in 1920 fixed the troubles that have been occurring up to the present day. But when the nations of Ireland were protesting their dissatisfaction with this partition they were met with violence. The R.U.C. (Royal Ulster Constabulary) or police force have plugged, beaten and shot Catholics in Northern Ireland. Finally in 1995 there was a total breakdown of the British run government of the six counties of Northern Ireland. The R.U.C. began to burn Catholics out of their homes. After this breakdown, the British Army was called in to maintain order.

However the British army changed the situation from bad to worse. On August 9, 1971, the British government, introduced internment without trial. Then on January 30, 1972 thirteen people were killed by British soldiers. This was a major disaster for Irish Catholics in Northern Ireland. They decided to retaliate by burning the British positions in the North.

When the Catholics in Northern Ireland protested in the Derry Civil Rights March, otherwise known as "Bloody Sunday", there was horrendous bloodshed. The American Civil Rights Movement in the United States was an inspiration for the Catholics in Northern Ireland to stand up and fight for their rights. British soldiers and the British Army were fired upon. But the Civil Rights protest in Ireland failed, Catholics were forced to live in fear and the division between Catholics and Protestants grew. This led to the breakdown of the I.R.A. (Irish Republican Army).

What is the I.R.A.? According to Richard Harvey, English Barrister and human rights activist: "One man's terrorist is another man's freedom fighter."

This reporter interviewed Richard Harvey, who came to New York in 1980 to teach Human Rights at City College. When you consider this British background, Harvey has unusual opinions. He believes the British are the major cause of the unnecessary violence and bloodshed in Northern Ireland.

According to James Farrell, Vice Consul of Ireland, "The I.R.A. claim to be freedom fighters but they are actually terrorists." He further stated, "The I.R.A. may be heroes in the U.S., but in the rest of the world they are regarded as criminals." Farrell is in the opinion of the government of Ireland. He believes a United Ireland may only come about by peaceful means and the I.R.A. only prolongs this possibility.

Both the I.R.A. and other paramilitary groups such as the U.V.F (Ulster Volunteer Force) protesters, have been responsible for sectarian killings for no motive other than the person came from the wrong camp. For example, the shooting of British soldiers by I.R.A. member and the beatings or imprisonment of suspected I.R.A. members by the R.U.C. This conflict between Catholics and Protestants only advances and encourages military struggle on both sides. Harvey believes the conflict in Northern Ireland is not one of religion. Religion is only a pretext of coverage of the real source which is a political and economic conflict between those who want to preserve the union and those who want a united Ireland.

Are the I.R.A., helping the situation in Northern Ireland or is it their campaign for violence only prolonging the prospect of a united Ireland? Farrell says, "The I.R.A. are a tolerable part of this problem."

Harvey believes the British army and their treatment of Irish Catholics led the I.R.A. to such violence. He states, "The campaign for violence mounted by the I.R.A. was a response of kind."

As the facts indicate Northern Ireland is an on going problem with no easy solution. Hopefully with the future will come new hope and optimism.

Crisis In Libya

by Fred Chiao

The Middle East Club at La Guardia Community College began last May according to Arwan Quander, its president. The purpose of the club is to bring Arab students closer together. They have been active in Middle Eastern politics, as well as activities here at the college.

During the past year the United States has been a target of terrorism. The hijacking of TWA flight 847 and the Achille Lauro were acts of terrorism by Arab extremists. The United States attack on Libya was a retaliation against a later terrorist attack on the Berlin disco bottling. In this attack an American soldier was killed.

On April 14, 1986 the United States launched an attack on Libya. American forces launched F-111 fighter planes into the Gulf of Sidra. It was reported that many innocent women and children were killed. Among those found dead was the adopted daughter of Muamar Gaddafi.

According to Arwan Quander, the president of the Middle East Club at La Guardia Community College, the United States attack on Libya was not justified. He believes that it is a wrong thing to attack another nation. But others, such as James McMenamin, a student at La Guardia, says that the attack on Libya was justified. He believes that it is time the United States starts fighting back against terrorism. American allies refused to co-operate during the attack. Great Britain was the only European ally who assisted the United States in the attack. Quander says, "The reason why the American allies did not cooperate is that Europeans have far more experience in dealing with terrorism and third world countries. They know what is right and what is wrong."

Many of the European allies believe that Gaddafi is a sponsor of international terrorism. But they have a different way of solving the problem. Our European allies would use economic rather than military attacks on another country. Quander states, "The United States must level off with the Arab world in trying to persuade the Arab leaders to stand each other in what they call a problem."

Arab leaders were outraged by the United States attack on Libya. Islamic fundamentalists have felt great anxiety towards Americans because they feel that Americans cause war between Arab neighbors. Iran and Syria are Libya's closest allies. Both of these Palestinian countries have used violence to counteract the United States. As a result it hasangered many Arabs. According to Quander, "The only way to stop extremists like Gaddafi is to solve the Palestinian problem. If the Palestinian crisis can be solved, there will be no political extremists. The role of Israel is to have peaceful talks to solve the Palestinian problem."

Many Americans believe that the attack on Libya will reduce terrorism. Arwan says, "The United States attack on Libya will not stop terrorism but lead to more terrorism." He pointed out that Libya is not a terrorist country and there is terrorism all over the world.

The United States has not dealt with world peace in the way it should. According to Arwan, "The United States should mind its own business and leave other countries alone. Furthermore, the United States as a world leader should communicate with allies and third world countries at the same level." Finally Arwan adds, "The best way to respond to terrorism is by talking.

The only way to reserve world peace is to sit down and talk about problems. Using violence will only lead to more violence.
What Is The Student Union?

by Rosemarie Kessler

Have you heard of the Student Union? Have you asked yourself what it is, or what it will do for you, now that you are here? You should, because it’s your money that will support it. During Student Government election week, May 19 through the 24, you asked to vote on whether you would like your student activities fee increased to support the building of a Student Union. The proposed increase is $20.00 for full time students and $12.50 for part time students. Of the $20.00 increase for full time students $7.50 will be allotted for the Student Union. Of the $12.50 part time student increase, $5.00 will be set aside. The remaining $5.00 from each fee will be used for existing programs. Students elected by the student body will have a chance to manage a corporation. They’ll plan the activities and programs that will be offered. It will also provide internships and job opportunities, both full time and part time. It will be a place of opportunity for activities, which can range from clubs to video games or just watching television, game room, parking area, and a day care center.

Some of the various things a Student Union would provide are: a cafeteria, study/relaxation lounges, snack bar, television room, game room, parking area, and a day care center. The activities, and the programs are all determined by the students through the corporation.

The final decision as to what will actually be housed in the Student Union will be determined by a Board of Directors. The Board will be made up of students, faculty, and college administration.

Alternatives To The College Bookstore

by Stacey H. Klein

Students: Are you sausage-goggled with going to the college bookstore to buy books for outrageous prices? This report is about the one good alternative to high prices that it is the Student Government Book Exchange. If you are not satisfied with the Main Building; it is the Student Government Book Exchange. This is why the exchange is run.

Unfortunately, student participation in the exchange is very little. All $110 worth or textbooks exchanged, only 176 students use this vital and simple system to obtain books for a lower purchase price than the college bookstore. Students can also sell unwanted books for a better buy-back price than the college store to other students who need the same book for the following quarter.

The way the exchange is run is, if a student wants to sell a book, he goes to the Student Government Office, M-160 and he says he wants to sell a book. The secretary goes to a file in a drawer across the department. The book exchange book would be under the student’s name on the file. The secretary fills out necessary information, the name of the available book, your name, address, and telephone number that can be reached. The student in the market for the same book, looks at the file and gets the number of the seller and calls him. The sale is then made, depending on the condition of the book.

Interested students learn about the exchange by Student Government flyers at the beginning and the end of each quarter. Ms. Castellanos, who runs the store, put out flyers so students can look at their books.

The determination of prices on the buy-back process is determined by the Missouri Group Bidding Company. The manager, Kevin McCrory, who has been with the bookstore for six years, knows the book market and is able to give accurate information. He says the best way to buy books is to study and keep them in good condition so they will last longer. When asked if he feels the bookstore is fulfilling what it was supposed to do, Kevin said, “This is a business and it’s running to make a profit.”

The bookstore is not doing any good. It is not the college’s policy to give books away, it is a business. When asked if he feels the bookstore is doing its job, he says, “No, it doesn’t have to.”
DEAR WEBZ

Dear Webz:

I have a very big problem. I like this guy a lot and he knows it. I try my hardest to make him like me, but he only talks to me when I am around or if he needs help. I really get nervous when I see him. I feel like I might say something wrong or stupid. It's really a very difficult and upsetting situation. What do I do? Help me. Signed, Kay

Dear Kay,

To me this sounds like a crush, even though you might not want to admit it. Crushes are a very difficult thing to get through, but it does not seem to take you seriously, tell him that you are serious. If he still does not respond to you in the right way, do your best to forget about him. It is going to be hard, but you can do it. Also he might be shy and you appreciate it, and might hate that will get him moving. Good luck honey.

Dear Webz,

I hate to beat around the bush but I am truly worried about her. Let's call her Kitty. Lately she seems to be doing a lot of drugs, namely crack! She has become very promiscuous and has hickies all over her body. She tells a lot of lies and stories. She has a lot going for her but drug counseling. She is not going to get drug dealers. You can 'be a better person and be more responsible. Let's call her Kitty. Lately she seems to be doing a lot of drugs, namely crack! She has become very promiscuous and has hickies all over her body. She tells a lot of lies and stories. She has a lot going for her but drug counseling. She is not going to get drug dealers. You can 'be a better person and be more responsible.

Dear Caring Friend:

Kitty has a very serious problem. Crack is a highly addictive and dangerous drug. Kitty needs professional drug counseling. She is not going to get better, only worse. Her promiscuity, I believe comes from her need of the drug. Tell her to get out of the mix with drug dealers. You can be a better friend to her by turning her into her parents or school officials. If this doesn't work you must talk her into joining a drug rehab program. She may be living in a world where she can live with her life and the long run she will see you for it. This is a crucial part of her life and she needs your love and patience to get through it. Help her, be there for her, listen to her Keep me posted.

Dear Webz:

I'm still crazy about my ex boyfriend but he awakes me feel that I don't exist anymore. We are still friends, but when I'm with him I still feel for him. I'm not with him I can't get him out of my mind. What should I do? Should I talk to him or should I find someone else. Signed. Can't Get Out Of Love

Dear Can't Get Out Of Love:

Break-up with someone is a very hard thing to do. It is also very hard to lose the feelings that are involved in a relationship again and again. You are not responding to your exboyfriend, save yourself anguish and forget about him. There's a lot of fish in the sea. Put on your rubber boots, get out your net, and get wet.

Dear Webz:

I work a job, but I don't know where. I want a boyfriend, but I don't know. I want good grades, but I don't know how. Help me. Signed. Need Your Help Dear Need Help.

Dear Need Help Dear Need Help:

Look around at different places till you find one that you want to work at. Tell the guy to talk and act on an interview. The decision on which intern goes on, is a very important one made by the student and career advisor. Paula went on to explain how those students of the skills being evaluated and matched for placement. You have to apply academic knowledge. It was a good experience and will certainly help me in any position I may hold in the future. "Although I was hired on two internships by IBM," she said, "I decided not take the second one in order to be in a different environment. While at IBM I was treated very well, and the co-op advisors are difficult to get to see, but basically you are responsible as an individual." She indicated that she was生まれing on how to conduct yourself, dress and talk. All of this information is given in the co-op preparation course. This also helps you prepare for the interview, resume writing ability and so on. "I really feel I benefited," she said, "because I now have good experience to go on my resume, and going on my intern-ship helped me decide that Data Processing is the field for me.

Other services, in the New Student Orienta-tion, which is a counseling program designed to familiarize new students with pre-admission activities in orientation and establish contacts, which oftenocomplished registration. The Counselor On Duty (C. O. D. O) walk-in service is one that provides for those people who do not necessarily attending La­Guardia, but instead maybe in need of counseling. In addition, there is Freshman Seminar Counseling which is a basic "survival course" designed to meet the needs of new students. Anxiety is discussed in the different approaches used by counselors, Greigola, stated, "counselors are able to do a lot on different levels and therefore there is one approach. Each counselor must do what is best for the student and each counselor has his own style. A student should feel comfortable enough to put these services to use. Further, the feels that both the personal and the academic growth of stu-dents is a shared responsibility, between the LaGuardia staff and its students. Gañola feels that "the school is responsible for providing the education and services for students. It is up to the students to pursue the workshops and long-term goals. Workshops, which started at the end of April, will continue to be offered throughout May. Anyone wishing to gain access to these workshops will need to register for an accounting form at the Coun­seling Services Room, which is located in M409.

This guide is a useful text wholesaler, based in Missouri. It is run on the idea of supply and demand. If the store has enough demand for a particular book, the store buys some of those books from students, Barnes and Noble has a working relationship with the Mis­souri Group Buying Guide publishers. New texts are sold much the same way as CUNY colleges sell them. "The tip of the iceberg is that Barnes and Noble is noted for its "low-cost trade books in the city. As for not in the country," states Robert Sutherland, in coordination.

The only drawback that this re-porter can see, is that it is not as accessible at LaGuardia's bookstore.

COPE

Other services, in the New Student Orienta-tion, which is a counseling pro-

from pl

Ten K

Hard for their final season seconds.

The first woman finished at 37:52. Most finishers felt great after the race, hard for their last remaining yards. After the race, the runners were treated to a buffet. The awards were given out, starting with the one mile run. The winners were James McFarlane, who finished at 4:32. Mr. McFarlane stated, "It was a tough race. A couple of runners were out to beat me, but I brought it home on the start! The winner of the 10K race was Danny Dickenson, as was expected. He compiled a new course record of 30:43. Dickenson commented, "First to win this race was my goal. I'm the only consecutive winner. Today I ran my best race, and it was a good course. I love the course. Next year I'm looking to run better, like 29:00." The women's winner was Joan Dickenson, who won her 12th consecutive women's win. Ms. Dickenson stated, "As usual, I had a nice time except I did not enjoy run­ning into the wind. I'll be back next year to try for the course record."
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BETWEEN GOING TO WORK
AND FINISHING COLLEGE.

Here is an idea that enables you to do both — without going to school at night.

Many college students assume that Marymount Manhattan's Weekend College is for women who are married. The truth is, you can study on the Weekend College Program, regardless of your age or sex, any time you are completed.

This Weekend College enables you to work both day and night and still do college on weekends. And you can make the same progress toward a degree and qualify for the same low interest loans available at a full-time college.

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The Weekend College is one of the many ways that Marymount Manhattan makes college education accessible to young women with talents and ambitions.

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If your parents can't afford to send you to college, maybe your employer can.

Hundreds of firms in the New York area offer full or partial tuition reimbursement plans — a fact you ought to remember when job-hunting. This can make it a lot easier for you financially.

The Weekend College is one of the many ways that Marymount Manhattan makes a good college education accessible to young women with talents and ambitions.

The Weekend College for women is one of those unusual programs that want to convince you how great you are. We'd like you to remember that.

For information on the Weekend College, return this coupon or call (718) 392-7788.

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DEPARTURE FROM COLLEGE AT: 11 A.M. (SHARP)
RETURN FROM THE PARK: 9 P.M.

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STUDENT ACTIVITIES is sponsoring another fun trip to

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JUNE 20, 1986

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SATURDAY JUNE 14, 1986
DEPARTURE FROM COLLEGE AT: 11 A.M. (SHARP)
RETURN FROM THE PARK: 9 P.M.

HELP WANTED L. I. C.
"Brainstorm" is a literary magazine published by students from LaGuardia, an institution founded in 1984. It features a variety of content, including fiction, personal views, and occasional discussions from non-literary fields. It is designed for the students of LaGuardia and aims to provide a platform for student writers.

Many students are genuinely interested in writing for the community of student writers and a forum for their work. It is accessible because it gives student writers a chance to be a part of the literary world. Various students contribute their work, ranging from short plays to elaborate essays. Many find "Brainstorm" to be creative and intellectually stimulating. However, unfortunately, there seems to be a lack of interest in this publication. I posed this problem to Mr. Fink, and he replied: "I don't think hundreds of students will be interested in being published."

"Brainstorm" will accept anything from short plays to haiku, but does not prefer essays. Many find "Brainstorm" to be valuable for exploring themselves, as well as society. It is a platform for students to express themselves and develop their skills.

For further information, see Ms. Hollingsworth, to get further back on LaGuardia's poetic forum. It is mostly comprised of students who are interested in writing, and it's there for the students. Ms. Hollingsworth agreed and she added, "It can be like looking at yourself extremely self-indulgent." Mr. Fink then elaborated further, "It enhances creativity because it gives student writers a forum for their work. It is accessible anywhere, there for the students." Ms. Hollingsworth further stated that it thrills her to see her work in print and develop. She is pleased when she sees her poems published. Now you say to yourself, maybe it's good for those who enjoy writing, but what enjoyment can a reader derive from "Brainstorm"?

Nina feels, that most students can relate to some of the stories. Mr. Fink adds, "It can be like looking at yourself in the mirror." The reflections you see can also be yours. While reading the latest issue, one can realize a wide variety of stories and feelings. You can laugh along with "The Great Escape," by Sergio Diaz or get lost in "Initiated Painting," by Rachel Kacenelenbogen. Other standout selections include "Street Fighter" by Calvin Walker and "A Street in Brownsville" by Lenore Guerrero. Add a dialogue by Simon H. Stewart entitled "Great Billiards Game" and you have a recipe for enjoyment.

"Brainstorm" is enchanting, fun, and intriguing. Have you picked up a copy lately? If not, think about what you might be missing. For further information, see Thomas Fink in MA. Perhaps he said it best, when he said: "Literature is valuable for exploring yourself, as well as society."
Lip sync is nothing new. Actors have been dubbed in movies for years. Many pop stars themselves do it when they appear as guests on television musical programs, such as Soul Train and Solid Gold.

Lip sync requires much skill, stage presence, and the ability to interpret. For these reasons, talented lip sync artists can be launched into show business with ease. Kwanguvu explained, “some students may not make it in the academic or corporate field, but may discover their music interest and successful performance. This year, we will obviate this conflict by selling only 250 tickets. Kwanguvu continued, “I’m stressing the point that we cannot accommodate a large event. The school has 7 to 8 thousand students and we cannot seat more than 240 in the theater, nor anywhere else on campus.”

Sources have informed us that a student union was constructed, it may house an auditorium that will have a much larger seating capacity.

“Talent may be discovered once the student sets foot on stage.” Kwanguvu explained, “Students have a wide range of skills and talents which they may not have discovered before.” He then went on to explain that “some students may not make it in the academic or corporate field, but may discover their music interest and successful performance. This year, we will obviate this conflict by selling only 250 tickets. Kwanguvu continued, “I’m stressing the point that we cannot accommodate a large event. The school has 7 to 8 thousand students and we cannot seat more than 240 in the theater, nor anywhere else on campus.”

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What Is Hip Hop?

by Nina Hollingsworth

The art of the street place was jumping. The tune of L. L. Cool J played in the background. Guys dressed in black leather, Fila and gold teeth impunity with the Hurley logo, as the Fly Guy contest, held at Latin Quarter by Dana Walker, of the Bronx. The them were dressed in today's most fashionable and expensive eras...Hip Hop.

What is Hip Hop? It's been called "Ghetto Rock" by Dick Clark and "a form of identity" by rap star Melle Mel in a book on a different identity in different parts of N. Y. C. said R. C. (who never gives his real name in an interview). "The Bronx and Manhattan attitude of Hip Hop are leather and gold, where Queens and Brooklyn are basically street clothes. Rappers of today can walk from the street to the stage and be dressed in appropriate costume." Gay R. Brewer is one of Queens most Hip Hop Wolds. This reporter did some investigating. I asked a young man by the name of Nezzy B who wanted his real name withheld for legal purposes. "I what Hip Hop was" he simply replied, "Me." He wore denim Levis, a Fila sweatshirt and sneakers, two name plates that consisted of Nizz and B with rope chaines about his neck. "I think Hip Hop is, " he replied, "a way of life."

"...Hip Hop to Lisa is, " I asked a young lady who looked like a wild child. "It's kind of crazy. Some have even petitioned to get their names on channels 23, 50, 52, and 54. M. and repeat telecasts of old shows on T.V. have been on the air for thirteen years. Except for a time he was on channel 4, and you could only catch him if you stayed up until 3:30 in the morning. Though his station times and times have always changed, his audience has remained a loyal one.

Uncle Floyd has a segment in which members of the studio audience are brought up before the cameras and asked trivia questions and whether you win or lose does not matter, everyone receives a prize. "The Uncle Floyd Show, weeknights at 7 and Saturdays at 11."
Welcome to the second in a series of the Underrated Stars, a column which features those people in the world of sports who don't receive the attention they deserve. Last issue we featured Ken Bannister of the New York Knicks, this time we focus on pro wrestling's Magnum T.A., who holds the NWA U.S. Championship.

Bridge: Who do you consider to be your toughest opponent and why?

Magnum: I would right now have to consider Nikolai Koloff to be my greatest threat, representing the U.S.S.R. He is trying to take the U.S. Heavyweight title away from me. Ric Flair, who of course I respect, is the NWA champion, is the ultimate goal I'd like to achieve. But right now my attention is on Nikolai Koloff.

Bridge: You are your own manager. Has that hindered or furthered your progress towards a championship?

Magnum: I try to take things one step at a time, very logically as I did when I entered the State Tournament, the National Tournament, and I've done the same thing in professional wrestling. After I won the championship, which I'm trying to defend successfully the only step up from there is the world title, and that's what I'm after.

Bridge: Where do you see yourself in the next year?

Magnum: I hope fully see myself attaining the world's heavyweight title from Flair. I hope to continue to be successful in my title defenses and hold off Koloff. I'm sure I'll get another shot at the title, I've wrestled for the title many times to a draw, I've got the last pieces of the puzzle put together now to successfully get the title from him.

Bridge: Other than yourself do you consider a challenge?

Magnum: There's not only one guy, there's a lot of tremendous athletes out there. Dusty Rhodes I'd have to consider one of the greatest of all time. The Rock and Roll Express, Rickey Morton and Robert Gibson are tremendous athletes. The list goes on and on.

Copies of the Ken Bannister interview are available in The Bridge Office.

by Scott Engel

by Rosemarie Kessler and Scott Engel

Rick Aguileria is moving to the bullpen after being knocked around in an exhibition game against Met A team, LaGuardia. During this game, Aguileria gave up six runs, five of which were earned in five innings. Bruce Berenyi will take Aguileria's place in the rotation.

Mookie Wilson and catcher Ed Hearn join the Mets, while first baseman Tim Corcoran and rookie catcher Barry Lyons make the trip to Tidewater for the Triple A team.

Eight time gold glove winner Keith Hernandez has written a book, called "The Batters Box." He was supposed to sign it on Art Rust Jr's radio sports show, but his attitude got him cancelled. His publicist called associate of Art's, Steve Malzberg and told him that Keith wanted to be on the show. Steve thought it was a great idea and okayed it. Two days before the show was supposed air, Hernandez's publicist again called Malzberg and told him, "This guy just wants to do the show and doesn't want to take phone calls." So, Malzberg and Rust told Hernandez to take his book and go elsewhere. What's the matter Keith, ashamed of your past?

Recently when Darryl Strawberry went five for five, Dwight Gooden said he wasn't going to coach him any more. The next day Darryl went 0 for 4 with three strikeouts. You quit too soon Doc. Ray Knight's hot streak is not due to taking wife Nancy's Geltish. Reviews taped views of his 1979 season, when he hit 318 for Cincinnati. George Foster upon donating sunglasses was asked if the lenses were rose, as in Pete colored. What was Foster's reply, "No, those were when I was in Cincinnati, now they're Strawberries."

Tom Seaver may be wearing Yankee pinstripes by the end of the month. The White Sox want to wait to see if they can become contenders in the American League West first. Speaking of the Yankees and White Sox, Bill Martin is one step closer to leaving the Yankee broadcast booth and replacing Chicago's Tony La Russa.

In a game against Texas, the Yankees had 6 hits and it walks. Who was pitching for Texas, Sid Fernandez?

Did you know that the Seattle Seahawks' Curt Warner is paid $25,000 for each yard he gains? This clause in his contract gave him over $27,000 extra dollars last season.

Sorry Yankee fans, Don Mattingly can't hit everyone. According to the 1986 Elias Baseball Analyst, Denny Don has trouble hitting against these pitchers: (lifetime batting average).25 vs. Mark Cleas, .33 vs. Storm Davis, .139 vs. Bruce Hurtt, .139 vs. Charlie Leibrandt, .200 vs. Frank Viola, and .000 vs. Tedly Higuera.

LaGuardia Community College "does it again" The first college with a wiffle ball league. Of all people Richard F. Blum, the new vice to test the free agent market.

Is this clutch or is this clutch? N.L. batters hit only .286 vs. Dwight Gooden with runners in scoring position in all of 1985, Knick woes continue. At a recent banquet, Bernie Einfran dropped the top on his head.

Did anyone know or care that Steve Kemp was waived? Here's hoping the Cleveland Indians will continue at their torrid pace.

"The best aerobic exercise," says Debra, "is swimming because it relieves mental stress inside of the nervous system, sharpens awareness, burns fat and makes us much more functional in our daily activities."

Debra, "Heart patients and asthmatic persons should receive aerobic instruction available in The Bridge Office."

by Lela Martin

Aerobics

by Lela Martin

Guess what is now just as important as athletics? Exercise! According to Debra Ciresi, a Computer Science major and one of two leading instructors of the aerobics class at La Guardia Community College this quarter, the prevalent notion that regular exercise (particularly aerobics) is not an important aspect of our daily routines, may well account for the high enrollment of students in the aerobics class during the quarter's beginning, followed by a gradual drop off rate throughout the remainder of the quarter.

According to Debra who has been teaching aerobic instruction for ten years, three out of which have been spent at La Guardia, the Average enrollment of students might begin with approximately 40 students, which then works its way down to 20 and eventually drops to maybe 15 students. Debra has attributed this expected drop off rate to the stress which students undergo while attempting to meet course work deadlines and other school related matters. While Debra can empathize with students striving for a passing grade, she also feels that maintaining a regular calisthenic and aerobic workout is as important if not equivalent to receiving a proper education, because it all ties into a balanced mental state.

What exactly is aerobics, and why is the great concern for achieving aerobic fitness within the last decade? Debra defines aerobics as any form of exercise combining various strengths and stretches which allows oxygen into the lungs. Aerobics applies a more choreographed dance type movement that makes achieving physical fitness much more enjoyable. Its benefits include improved cardiorespiratory and muscular endurance, strength and flexibility. In addition, aerobics helps relieve mental stress inside of the nervous system, sharpens awareness acuity, burns fat and makes us much more functional in our daily activities.

"The best aerobic exercise," says Debra, "is swimming because it reduces the entire body simultaneously."

Although aerobics is something that virtually anyone can participate in, there are some general guidelines which help to avoid accidents and injuries. Debra suggests that the average exerciser do aerobics no more than three times a week for 30 to 60 minutes. Intermediates stages of aerobic exercise should include a workout schedule of at least four times a week for a minimum of 60 minutes. Advanced stages of aerobic instruction should not exceed more than 10 classes per week, for no more than 60 minutes. In addition, a regular nutritional program should be followed (after first consulting a nutritionist), "A program which balances a certain level of proteins, minerals, vitamins and especially carbohydrates," says Debra.

"Heart patients and asthmatic persons should approach aerobics with caution," warns Debra. They should avoid engaging in aerobic exercise exceeding 10 to 12 minutes, and they should wear the correct shoes for proper alignment and foot support. Classes on stress and back posture are further recommended.
Why The Mets Won't Win

by Rosemarie Kessler

The New Yorker is an amazing young team with a great deal of talent and determination, hope to make a run for the pennant, but mog is where the team has to come up big. Let us take a closer look at the key factors that could determine the success of the past two years and highlight the weaknesses of the 1986 Mets.

Starting with pitching, the first and second spots of the rotation are well taken care of, that is, if Dwight Gooden doesn’t let success go to his head and Ron Darling gets more victories than no decisions. Filling the third position will be the key. Fernandez’s tendency to walk too many is a concern. He will be the type of pitcher many feel he can be. Rick Aguilera, the fourth starter, is a hardnose type of player, is an excellent side arm throws consistently catching the heat of the pennant race; ‘as the Yanks run for the pennant, but most people don’t have all the pieces to a championship jigsaw puzzle, they are none the less a dangerous team.’

The Yankees hit well, hit with power. Moving onto the outfield toon two ballplayers who hit only .239 and .229 in late inning pressure. This is not an ideal situation.

The center field is now currently held by Len Dykstra. Dykstra, a hardnosed type of player, has now tried the shortstop position which is traditionally a position for power hitting. He did put up a respectable batting average (.276) but failed miserably at hitting in clutch situations. His remarkable abilities are highlighted by his ability to hit the clutch, as Don Carried a .340 average in pressure situations, in the heat of the pennant race, hitting .331 in late inning pressure. But while Mattingly is indeed an all-around great player, the remaining four in this lineup do not meet his standard.

Second baseman Willie Randolph has his problems, although he did hit over .300 for two seasons during the last three years. He handled himself adequately at second and short, and his all too frequent defensive errors is one reason the Yankees will collapse.

Third base holds another problem for the Yankees. How do you platooon two ballplayers who hit only .237 and .229 in clutch situations, and .267 and .253 in the regular season, respectively? Center field is now currently held by Len Dykstra. Dykstra, a hardnosed type of player, has now tried the shortstop position which is traditionally a position for power hitting. He did put up a respectable batting average (.276) but failed miserably at hitting in clutch situations. His remarkable abilities are highlighted by his ability to hit the clutch, as Don Carried a .340 average in pressure situations, in the heat of the pennant race, hitting .331 in late inning pressure. But while Mattingly is indeed an all-around great player, the remaining four in this lineup do not meet his standard.

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Why the Yankees Won’t Win

by Scott Engel

Bobby Meacham, Joe Niekro, Gary Roenicke. What do these names have in common? To the baseball connoisseur they are merely bookends. But to the hope­ful Bronx Bomber fan, they are the key pieces to a championship jigsaw puzzle, they are none the less a dangerous team.

Despite the fact that the Yankees don’t have all the pieces to a championship puzzle, they are none the less a decent combination of talent. The Yankees should finish third in the A. L.

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Why the Yankees Won’t Win

by Vince Cousis

Keith Hernandez, the first baseman of the New York Mets, in a metaphor that is more than a bit harsh, has now tried the hand at writing. In this, his first literary work enti­tled “If At First,” Hernandez con­cludes the 1985 New York Mets Season. He, with the help of Mike Bryan give the reader insight of the Mets as a team and individual player.

Starting with the opening day hero­ics of catcher Gary Carter, Hernan­des goes through the season, day by day game by game, all the while lend­ing his own personal perspective.
Get Into Recreation

by Scott Engel

For those of you who are finding free time
on your hands these days, the rec-
reation department is offering an ex-
citing potpourri of events. Just enter
the doors of LaGuardia's gymnasium
this spring and there is something for
you.

The gym is open this spring Mon-
days through Fridays 8 a.m. to 6 p.m.
On Saturdays, the gym is open during
the hours of 9 a.m. to 5 p.m. Available
for your enjoyment during these hours
is a various array of activities for
everyone. You can take it to the
hoop on any one of five baskets
or participate in paddleball or hand-
ball on either of two courts.

Weight training is available upstairs
and table tennis and board games can
be played in the lobby, adjacent to the
gym.

But what about those of you inter-
ested in organized activities? There
are many ways for you to display your
athletic skills on a weekly basis. You
can join one of the many leagues, such
as volleyball, bowling or indoor base-
ball. You can also hone your skills in
the tennis alley or open volleyball and
tennis.

Off campus recreation offers an
opportunity to enjoy a wider range of
activities bowling, swimming and
tennis. For those interested in these
activities, check with the recreation
department for times and locations.

The recreation department has also
provided special events for the La-
Guardia sports fan. On Wednesday,
June 4 LaGuardia students have
the opportunity to view some of the
most well built bodies in LaGuardia at
the Mr. and Mrs. LaGuardia Body-
Building Contest. On Thursday, May
28, take your best shot at the pins with
your professors at Students/Faculty
Bowling Night. Finally, you can ap-
plaud the skills of LaGuardia's finest
athletes on Intramural Awards Night.

So make your way to LaGuardia's
gym for a day or evening of maximum
enjoyment. For dates and times of all
events, check the schedules in the gym-
asium. You won't be sorry that you
did.

THE TEN K RACE

by James McMenamin

There was a different feeling in the air,
the Friday before the fifth annual 10K
road race that was held on Sunday,
April 28. There seemed to be a sense of
victory and competition. In the main
lobby, participants handed in their reg-
istration forms, and received instruc-
tion sheets, a shirt and a number. The
numbers are arranged according to
age and sex. A video cassette recorder
along side the registration table played
a tape of the 1984 race, while blurring
out songs such as "Chariots Of Fire" and
"Here's To The Winners." The di-
rectors of this event were Bob Rosa
and Andy Seluga. Rosa is also the Di-
rector of the Extended Day Office,
while Seluga is the Director of Recre-
ation here at LaGuardia.

This reporter spent some time with
Rosa as the runners poured in. Rosa
was polite and cordial with each of
them, wishing them well upon receiv-
ing their materials. The registrants in-
cuded many different types of people.
Rosa stated "this race is organized for
back of the pack people. A lot of people
come to win or come to achieve a per-
sonal record." The term "wining" may
seem out of reach, but here it has a
broader meaning. There are many
winners in this race. The first reason is
that 1st, 2nd, and 3rd place finishers in
their age groups are given trophies.
Awards are also given for the winners
of the one-mile fun run which pre-
cedes the 10k race. "That's one thing
about this race," said Rosa, "lots of
people get awards and go away happy."

Winning also has another meaning.
The emphasis is not only placed on
who crosses the finish line first, but
also defines an individual's test for
will. Although the competitors may not
have received a trophy, the person is
rewarded with a sense of achievement,
because of finishing. According to
Rosa people enter this race to, "to
win, to have fun, and to be here. There
are also people who run without the
fairest idea of what they're getting into.
Maybe ten percent of people who
start the race drop out." There will be,
as Rosa said, "lots of road runners in
the city, including some of the main
track teams. There will be a group
from Staten Island called The North
Shore Track Club, also Warren Street,
Westside YMCA, and The Astoria
Park Track Club." "On top of all that
there will be different teams from uni-
versities," she added. The big question
was however, who was to win this race?

Who out of almost 400 participants
would cross the finish line first? Rosa
predicted, "I would say Danny Dick-
enson or Art Hall would be the favor-
ite. Mr. Dickenson won last year with
a time of 30:51.3 which was a new
record. Art Hall was the winner three
years ago, as seen on videotape. This
year's race will also be videotaped.
For the women, Rosa says, "I believe it
would be a LaGuardia graduate Sus-
zanne Hopinthal." Miss Hopinthal,
who graduated in 1977 is a member of
the women's track team, Atlanna. She
won the 10 K race last year with a
time of 36:43.3. Ms. Iaturo then
crossed the finish line first, "Known
as volleyball, bowing or indoor base-
ball. You can also hone your skills in
the tennis alley or open volleyball and
tennis.

Off campus recreation offers an
opportunity to enjoy a wider range of
activities bowling, swimming and
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The recreation department has also
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June 4 LaGuardia students have
the opportunity to view some of the
most well built bodies in LaGuardia at
the Mr. and Mrs. LaGuardia Body-
Building Contest. On Thursday, May
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plaud the skills of LaGuardia's finest
athletes on Intramural Awards Night.

So make your way to LaGuardia's
gym for a day or evening of maximum
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events, check the schedules in the gym-
asium. You won't be sorry that you
did.

THE TEN K RACE

by James McMenamin

There was a different feeling in the air,
the Friday before the fifth annual 10K
road race that was held on Sunday,
April 28. There seemed to be a sense of
victory and competition. In the main
lobby, participants handed in their reg-
istration forms, and received instruc-
tion sheets, a shirt and a number. The
numbers are arranged according to
age and sex. A video cassette recorder
along side the registration table played
a tape of the 1984 race, while blurring
out songs such as "Chariots Of Fire" and
"Here's To The Winners." The di-
rectors of this event were Bob Rosa
and Andy Seluga. Rosa is also the Di-
rector of the Extended Day Office,
while Seluga is the Director of Recre-
ation here at LaGuardia.

This reporter spent some time with
Rosa as the runners poured in. Rosa
was polite and cordial with each of
them, wishing them well upon receiv-
ing their materials. The registrants in-
cuded many different types of people.
Rosa stated "this race is organized for
back of the pack people. A lot of people
come to win or come to achieve a per-
sonal record." The term "wining" may
seem out of reach, but here it has a
broader meaning. There are many
winners in this race. The first reason is
that 1st, 2nd, and 3rd place finishers in
their age groups are given trophies.
Awards are also given for the winners
of the one-mile fun run which pre-
cedes the 10k race. "That's one thing
about this race," said Rosa, "lots of
people get awards and go away happy."

Winning also has another meaning.
The emphasis is not only placed on
who crosses the finish line first, but
also defines an individual's test for
will. Although the competitors may not
have received a trophy, the person is
rewarded with a sense of achievement,
because of finishing. According to
Rosa people enter this race to, "to
win, to have fun, and to be here. There
are also people who run without the
fairest idea of what they're getting into.
Maybe ten percent of people who
start the race drop out." There will be,
as Rosa said, "lots of road runners in
the city, including some of the main
track teams. There will be a group
from Staten Island called The North
Shore Track Club, also Warren Street,
Westside YMCA, and The Astoria
Park Track Club." "On top of all that
there will be different teams from uni-
versities," she added. The big question
was however, who was to win this race?

Who out of almost 400 participants
would cross the finish line first? Rosa
predicted, "I would say Danny Dick-
enson or Art Hall would be the favor-
ite. Mr. Dickenson won last year with
a time of 30:51.3 which was a new
record. Art Hall was the winner three
years ago, as seen on videotape. This
year's race will also be videotaped.
For the women, Rosa says, "I believe it
would be a LaGuardia graduate Sus-
zanne Hopinthal." Miss Hopinthal,
who graduated in 1977 is a member of
the women's track team, Atlanna. She
won the 10 K race last year with a
time of 36:43.3. Ms. Iaturo then
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